

Sacramental Journey

Confirmation



Guidance for Parents
and
Activities for Children

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Sacramental Journey

Nihil Obstat



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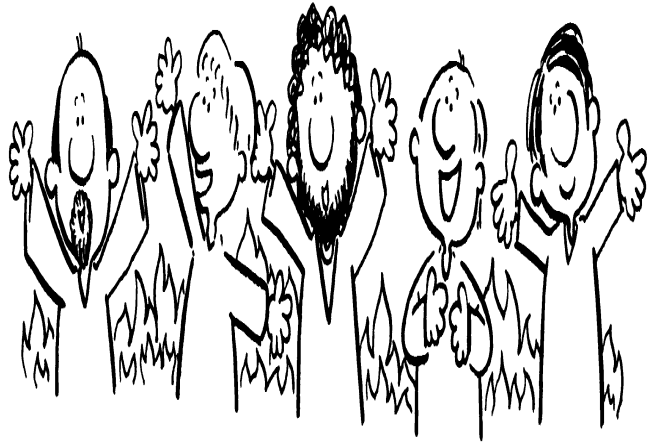
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Solemnity of the Assumption

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Table of Contents



Introduction - Page 2

Invitation from Jesus - Page 3

Record of Home Tasks - Page 4

Lesson 1: Called by name to serve in the Community of Faith - Pages 5 & 6

Lesson 2: The Holy Spirit in the Lives of Jesus, Mary and Me - Pages 7 & 8

Lesson 3: The Pentecost Event: The Holy Spirit brings Strength & Courage - Pages 9 & 10

Lesson 4: The Gifts of the Holy Spirit - Pages 11 & 12

Lesson 5: The Fruits of the Holy Spirit - Pages 13 & 14

Lesson 6: Stepping Stones on my Journey of Faith - Pages 15 & 16

Lesson 7: The Rite of Confirmation - Pages 17 & 18

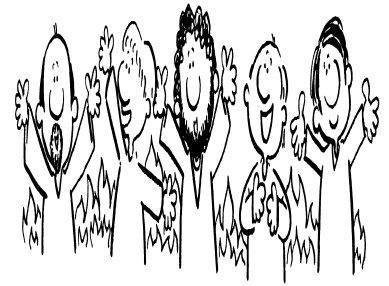
Lesson 8: The Saints listened and responded to God's Word - Pages 19 & 20

Lesson 9: Called to be Holy - Pages 21 and 22

Lesson 10: The Holy Spirit inspired the Saints and inspires us today - Pages 23 & 24

Prayers - Page 25

The Sacrament of Confirmation



When you brought your child to be baptised you made promises on his/her behalf. Now that your child is being presented for the Sacrament of Confirmation s/he will be required to renew this Baptismal commitment for him/herself. In Confirmation s/he will receive a special grace which will strengthen his/her faith to ensure that s/he will be strong enough to face life and support others in time of need.

The word “**confirmation**” comes from the Latin word “**confirmatio**” which means “**to strengthen**” and “**to support**”. As each question is asked of the children by the priest they will respond by saying, “I do”. This will be practised in school. The Sacrament of Confirmation is conferred through the anointing on the forehead with **Chrism** (a Holy Oil blessed by the Bishop each year at his mass on Holy Thursday) and by the laying on of hands when the priest will say:

“Be sealed with the Gift of the Holy Spirit”

The Gifts of the Holy Spirit are: Wisdom Right Judgement Knowledge

Understanding Courage Reverence Wonder & Awe

As your child works through the lessons in class s/he will bring home the workbook to complete Home Tasks. These notes include information to help you prepare your child for the Sacrament of Confirmation. Confirmation is not an easy Sacrament to explain to children but a belief in the Holy Spirit will be so helpful as they grow up and have to face difficulties in their lives. We have 3 parts to our human make up - Physical, Mental and Spiritual/Emotional. If one of these is in distress we are upset and uncomfortable. When we are physically or mentally ill we can go to a doctor for help but where do we go when our spirit is low and our emotions are in turmoil? This is when the ability to quietly ask for support and help from the Holy Spirit can return us to a state of calm and bestow on us the ability to deal with troubles in our lives. We can also connect with this Spirit when we have reason to give thanks for all the good things in our lives.

This activity book will come home regularly throughout the preparation for Confirmation and when your child has completed each task please ensure the book is placed in your child’s schoolbag immediately so that the completed work can be shown to his/her teacher.

Following your child’s Confirmation this booklet will be returned to you as a keepsake and a reminder of the times you have spent helping your child prepare to receive this sacrament.

Jesus calls us!



Remember

At baptism I called you by name
to follow me
to be my life-long friend
and to imitate the way I live.

RSVP

I want to follow you, Jesus, always be your
friend and learn how to live like you.

**Follow
me.**

-John 21:19

RECORD OF HOME TASKS FOR PARENTS

It is time to do

Please return to school by

Home Session 1	
Home Session 2	
Home Session 3	
Home Session 4	
Home Session 5	
Home Session 6	
Home Session 7	
Home Session 8	
Home Session 9	
Home Session 10	



Guidance for Parents Home Session 4

The Gifts of the Holy Spirit

Discuss the Gifts of the Holy Spirit that are strengthened in us at Confirmation. Search for examples from your life and also from your child's life when you have used these Gifts.

Courage

helps us to speak up for what we know is right.



Wisdom

helps us to learn from our mistakes and from what we are taught by others

Right Judgement

helps us to make good choices and choose the right actions.

Reverence

helps us to pray better and treat everyone with respect

Knowledge

helps us to know God and Jesus better from inside our hearts.

Awe and Wonder

help us to thank God for his loving presence in our lives.

Understanding

helps us to be kind and love God and others better.

Now help your child to write about a time when Jesus used one of the Gifts to help him deal with a difficult situation.

Pray for the Gifts of the Holy Spirit every day this week together.



Home Activity 4 The Gifts of the Holy Spirit

A gift is given freely.

Now you have learnt the Gifts which come from the Holy Spirit.
Write a short story about a time when Jesus used one of the Gifts.



A large rectangular box containing seven horizontal dotted lines for writing a story.

Write about a time when you had to use one of the gifts of the Holy Spirit.

Seven horizontal dotted lines for writing a story.

This Sacramental preparation programme has been written in accordance with the Scottish Roman Catholic syllabus which was granted the decree of “Recognitio” by the Holy See in 2011.

Written by Audrey Newton & Moira Claase © 2013

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